



The Spa
Manor House

ALSAGER

Spa
Treatment Menu

Treatments to embrace everyone, with lavish balms and dazzling scents, warm blankets and cushions, you can be sure Manor House will put wellness back into your lifestyle with a wonderful selection of all natural therapies.



Manor House Signature

Our exclusive experience duo reflecting the personality of the Manor House Alsager. Warm beautifully harmonising body treatments, created for your intense pleasure and wellness. Ultra Relax or Refine & Energise to suit your humour.

SIGNATURE WARM MOOD ENRICHING MASSAGE 60M

Warm melting Liberty Flower Balm in synergy with Hot Smooth terracotta orbs. Fashioned to bring deep warmth to the muscles with slow rhythmical massage techniques. Full body massage lying face down for uninterrupted indulgence. Relinquish control with Hero Breathing and chakra clearing letting the wave of sheer relaxation ripple through fraught minds and tired muscles.

SIGNATURE PURE SALT GRAIN MASSAGE 60M

Purifying the skin whilst working deep set tension in the muscles, and heightening the senses. Fantastically relaxing yet stimulating with nourishing hot shea butter balm and healing Himalayan Salts. This is a refreshing full body massage with a gentle exfoliation leaving skin soft, healthy, and mind & body rebalanced.

Massage

WELLBEING BODY MASSAGE 60M

Surrender to the sensation of having your body gently realigned and perfectly put back together again with a body massage like no other, supported lying face down encouraging gravity to enhance the experience. Sweet Orange oil from the fruit blended with Fennel for a glorious grounding scent.

DREAMLAND SLUMBER BODY MASSAGE 60M

Full body dreaming sleep massage supported with pillows in the embryo position, enhancing your muscular release & encouraging optimum rest. With creamy balm blend of deep sleep essentials, created with Petitgrain from the orange tree leaf and warming Black Pepper.

BACK, FACE AND SCALP MASSAGE 60M

Enjoy all the benefits of the Actif8 facial and scalp massage combined with our glorious and celebrated back massage. The Glass Beauty Cream overflowing with Orange Blossom and white chocolate, together with the warm Heal & Health oil bring dazzling fragrances and supreme application to make this a pleasure unsurpassed.



Special body

NURTURING CHOICES TO EMBRACE PRESENT AND NEW LIFE WITH VIRGIN WHIPPED BUTTERS. NO ALLERGENS, NO FRAGRANCES, JUST PURE AND SIMPLE SKIN LOVING WITH THE POWER OF TOUCH.

BEAUTIFUL HERO 60M

For the warrior in you

Well being touch of warmth to comfort your soul, treat your skin and lift your spirits. For those with sensitivity, fragile condition, and living with or recuperating from disease, Cancer and sickness. Using a whipped delight of fragrance free natural butters.

MAMA LOVE 60M

Tender Loving Care for the second and third trimesters of pregnancy and beyond. A cocooning soothing massage encouraging sleep and relaxation, with warm blankets, pillows and a natural whipped blend of butters.

Facials

FRESH REFINING FACIAL 60M

Featuring Turkish Geranium, a radiance delight leaving you with a dewy clear and healthy blush glow, for face and hands. Sway you to gentle sleep enveloped with dazzling Palma Rosa fragrance, and waking you up lustre beautiful, deeply comforting for all skin concerns.

WARM HONEY & HELICHRYSUM FACIAL 60M

A facial created around a warm pliable, comfort mask. An active massage facial to refine and relax promoting skin health naturally, with our indulgent and exceptional softening or youth '517 Elixirs' to enhance & enrich your complexion. Laced with Garden Honey and Helichrysum of the sunflower family, skilfully adapted to address your skin concerns with our elite ACTIF8 skin work out massage.

WHITE CHOCOLATE & ORANGE BLOSSOM FACIAL 60M

The luxe facial to even complexion, tone and appearance. Resulting in a healthy sheen reflecting light and lifting skin health. Expert exfoliating massage for ultra refined luminosity, championing intense hydration and promoting a youthful appearance, all with the unmistakable power and scent of Orange Blossom.



Life Vigour

HARNESSING THE POWER OF THE OCEAN, A TRIO OF ENRICHED HEALING TREATMENTS. A MODERN HEALING BLEND OF MAGNESIUM AND TURMERIC. PURE AND HEALTHY WITH MAGNESIUM FLAKES SOURCED DIRECTLY FROM THE DEAD SEA

LIFE VERVE

The facial that thinks it's a head treatment.

Focused health and pressure point massage for the neck up. Encouraging release of facial and head pressures, boosting migraine relief, ultra sensory relaxation. Renewed health of skin and scalp, ear facial, and deep conditioning for hair. The entire head is treated with every attention to detail, and full hot towel wrapping.

LIFE FORCE

The back massage that thinks it's a reflex treatment.

Spinal pressures aromatherapy style and our iconic reverse effleurage kneading for a muscle easing back massage, coupled with healing pressure point treatment for the feet, clearing body energy pathways, promoting natural self-healing and extreme relaxation. Hot towel wrapping and hot barley bags.

LIFE DYNAMIC

The wrap that thinks it's a massage.

The full benefits of a magnesium body wrap, with the added advantage of a massage styled application, so you'll enjoy double the effect. Let the effects of the blended magnesium paste act to promote quality of sleep and relief of tight or aching muscles applied to full body, then pump, drain and pressure point health massage with hot towel wrapping will leave the body refreshed, rebalanced and rejuvenated.